**Quarterly Training Day – 1st December 2018**

As usual students may request training in any of our “Standard” topics.  These are:-

•             Rounds and Call Changes

•             Plain Hunt/Ropesight

•             Plain Bob Doubles

•             Grandsire Doubles

•             Treble Bob Hunting

**Please remember to check the course requirements** (Getting the most from your training day) on the district training page at

<http://kcacr.org.uk/getting-the-most-from-your-training-day/> and get back to me if you have any queries or need help meeting the requirements

Additional Topic - **Leading Up and Down in Peal**.

For: Students who can reliably ring up and down in peal who wish to progress to leading up and down.

Courses will be arranged subject to demand and availability of helpers and towers.

**Please assist by making requests for places as soon as possible, as last minute requests are unlikely to be met.**

Places should be requested from Mike Worthington at

[tondist.training@hotmail.co.uk](mailto:tondist.training@hotmail.co.uk)